

Behavioral Health Medicaid Transformation

Rev 7.10.2018

Collaborating Agencies: DMAS, DBHDS, VDSS, Office of Children's Services, Department of Education

Vision

- DMAS' and DBHDS' vision for Virginia's behavioral health system is seamless, coordinated care through a no wrong door approach
- Pillars of a well-functioning system center on access, consistency, accountability, and outcomes focused on early intervention, wellness, and prevention
- Medicaid-covered behavioral health services will align and coordinate with STEP VA
- Medicaid members will receive evidence-based screening and treatment in the settings where they present, including primary care, schools, and ERs

Next Steps

DMAS and DBHDS Partnership with Farley Center- LAUNCHING JULY 1, 2018

- University of Colorado Farley Center for Health Policy will support DMAS and DBHDS, in coordination with stakeholders, in developing a comprehensive system reform plan for Medicaid community mental health services
- The continuum of Medicaid mental health services must be evidence-based and trauma-informed
- Medicaid-covered behavioral health services will incorporate STEP VA into a continuum of evidence-based, trauma-informed, and preventive-focused services available in many settings where individuals present
- Redesigned continuum will provide those receiving Medicaid services with a more seamless healthcare experience starting with early intervention services at the beginning of life.
- Continuum will also include:
 - Integrated behavioral health in primary care
 - School-based health centers
 - Early intervention services
 - Supportive housing and employment benefit targeted to high risk Medicaid members with behavioral health conditions

Deliverables

1. Evidence brief focusing on best practices for Medicaid services across the lifespan
2. Service gap analysis for the Medicaid population
3. Recommendations report of individual and population level metrics and quality outcomes
4. Recommendations report on DBHDS licensing and regulations to produce a system that ensure quality and accountability whether an individual is served with state general funds or Medicaid by a public or private provider
5. Stakeholder engagement report of the process and how the data collected informed the evidence synthesis, measures, and strategic plan
6. Recommendations report on continuum of evidence-based, trauma-informed, and preventive-focused Medicaid community mental health services including early intervention services, school-based behavioral health services, and integrated primary care and behavioral health with recommended provider qualifications and reimbursement rates

Outcomes

- Medicaid behavioral health services will be evidence-based, person-centered, cost effective, and available in multiple settings where individuals present for care.
- Medicaid behavioral health services will be focused on prevention and trauma-informed, connecting the gaps between community, outpatient and inpatient services, family/caregiver engagement, resulting in positive health outcomes for all Virginians with behavioral health needs.
- DBHDS licensing and regulations and DMAS regulations will align to produce a system that responds consistently whether an individual has Medicaid, is covered by another payer, or uninsured.